



Kimberley Primary & Nursery School
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Head Teacher: Mrs Rebecca Clarke



Dear Parent/Carer

As you are already aware, as part of your child's education at Kimberley Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social and Health education programme (PSHE). PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As you already know, we have recently started to follow the PSHE scheme 'PSHE Matters' which specifies vocabulary and activities taught in each year group.

As, per my previous letter, I am writing to let you know that this half term your child's class will be taking part in lessons which will focus on the relationships or sex education (RSE) aspect of this programme.

As a school community, we are committed to working in partnership with parents and have attached the overview of teaching and the vocabulary for your reference. If you would like to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, please don't hesitate to contact the class teacher or myself.

Yours sincerely

Mrs Heysmond

Relationships

Year 1

KS1
Friendships
<ul style="list-style-type: none"> Explain what makes a good/ friend friendship.
<ul style="list-style-type: none"> Talk about some ways to make friends.
<ul style="list-style-type: none"> Explain basic techniques for resisting pressure.
<ul style="list-style-type: none"> Recognise kind and unkind behaviour.
<ul style="list-style-type: none"> Name the special people in their lives.
<ul style="list-style-type: none"> Resolve conflict in simple ways e.g. choosing to share, take turns, etc.
<ul style="list-style-type: none"> Tell someone if you are worried about something in a relationship/family.
Families
<ul style="list-style-type: none"> Talk about some ways that their family is the same or different to others.
<ul style="list-style-type: none"> Describe some things they enjoy doing with their family and how it makes them feel.

Love
 Friendships
 Making friends
 Good friends
 Respect
 Making friends
 Trustworthy
 Loyal
 Generous
 Helping
 Divorce
 Foster parent
 Unacceptable
 Cooperate
 Strategies
 Culture
 Diversity
 Behaviour
 Married/not married/partner
 Lonely
 Falling out
 Arguments
 Differences
 Ignore
 Listen
 Conflict
 Resolve
 Compromise

Please be prepared that your child make ask questions at home or may come up with some questions that we are unable to answer.