

## Kimberley Primary & Nursery School

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Head Teacher: Mrs Rebecca Clarke



#### Dear Parent/Carer

As you are already aware, as part of your child's education at Kimberley Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social and Health education programme (PSHE). PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As you already know, we have recently started to follow the PSHE scheme 'PSHE Matters' which specifies vocabulary and activities taught in each year group.

As, per my previous letter, I am writing to let you know that this half term your child's class will be taking part in lessons which will focus on the relationships or sex education (RSE) aspect of this programme.

As a school community, we are committed to working in partnership with parents and have attached the overview of teaching and the vocabulary for your reference. If you would like to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, please don't hesitate to contact the class teacher or myself.

Yours sincerely

Mrs Heysmond

# Relationships Year 3

### LKS2

## Friendships

- Identify what makes a positive healthy or unhealthy friendship.
- Identifying strategies to build friendships.
- Understand the difference between persuasion, influence and pressure.
- Explain how kindness can support wellbeing.
- Recognise there are different types of relationships.
- Explain what can cause arguments with friends and describe some ways to resolve them.
- Recognise the importance of asking for help if we feel worried lonely or excluded.

#### **Families**

- Recognise that there are different types of family structures.
- Explain what it means to them to be part of a family.

Love

Persistent

Conflict Advice

Persistence

Consideration

Listen

Argument

**Apologies** 

Choices

Negative

Positive

Exclude

Unacceptable

Respectful

Qualities

proud

Strategy

Recognise

Intensity

Argument

Empathy

Persuasion Influence

Victim

Bully

Bystander

Disability