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**Head Teacher:** Mrs Rebecca Clarke



Dear Parent/Carer

As you are already aware, as part of your child's education at Kimberley Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social and Health education programme (PSHE). PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As you already know, we have recently started to follow the PSHE scheme 'PSHE Matters' which specifies vocabulary and activities taught in each year group.

As, per my previous letter, I am writing to let you know that this half term your child's class will be taking part in lessons which will focus on the relationships or sex education (RSE) aspect of this programme.

As a school community, we are committed to working in partnership with parents and have attached the overview of teaching and the vocabulary for your reference. If you would like to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, please don't hesitate to contact the class teacher or myself.

Yours sincerely

Mrs Heysmond

## Year 4

LKS2	LKS2
<b>Growing and Changing</b>	Aspirations
<ul style="list-style-type: none"> <li>Name external genitalia and some reproductive organs including penis, vagina, testicles, womb, umbilical cord, ovaries.</li> </ul>	Diversity
<ul style="list-style-type: none"> <li>Understand the processes of reproduction and birth as part of the human life cycle – that babies start from an egg and sperm.</li> </ul>	Teenager
<ul style="list-style-type: none"> <li>Explore physical and emotional changes that happen during puberty.</li> </ul>	Personal hygiene
<ul style="list-style-type: none"> <li>Explain how daily hygiene helps to reduce the spread of infection.</li> </ul>	Sweat
<ul style="list-style-type: none"> <li>Explain how adults care for a baby during and after pregnancy.</li> </ul>	Odour
<ul style="list-style-type: none"> <li>Recognising that individuality and personal qualities contributes to who we are.</li> </ul>	Positive qualities
<b>Privacy, Boundaries, and Consent</b>	Physical appearance
<ul style="list-style-type: none"> <li>Explain what privacy and personal boundaries are.</li> </ul>	Fostering
<ul style="list-style-type: none"> <li>Recognise uncomfortable/ comfortable behaviour online/ offline.</li> </ul>	Adoption
<ul style="list-style-type: none"> <li>Know when it is right to break or keep a confidence or share a secret. Know how to ask for help.</li> </ul>	Relationship
	Consent
	Unwanted touch
	Personal touch
	Womb
	Breast
	uterus
	Umbilical cord
	Ovaries
	Foetus
	menstruation Period
	Sanitary towels
	tampons
	Puberty
	Life cycle
	Reproduction
	Sperm
	Egg
	Pubic hair
	Emotional
	Respect
	changes

Please be prepared that your child make ask questions at home or may come up with some questions that we are unable to answer.