



Kimberley Primary & Nursery School
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Head Teacher: Mrs Rebecca Clarke



Dear Parent/Carer

As you are already aware, as part of your child's education at Kimberley Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social and Health education programme (PSHE). PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As you already know, we have recently started to follow the PSHE scheme 'PSHE Matters' which specifies vocabulary and activities taught in each year group.

As, per my previous letter, I am writing to let you know that this half term your child's class will be taking part in lessons which will focus on the relationships or sex education (RSE) aspect of this programme.

As a school community, we are committed to working in partnership with parents and have attached the overview of teaching and the vocabulary for your reference. If you would like to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home, please don't hesitate to contact the class teacher or myself.

Yours sincerely

Mrs Heysmond

Year 6

UKS2	
Growing and Changing	
<ul style="list-style-type: none"> Identify the external genitalia and internal reproductive organs and how the process of puberty relates to human reproduction. 	
<ul style="list-style-type: none"> Explain the how babies are conceived, born and cared for. 	
<ul style="list-style-type: none"> Identify the physical and emotional changes that happen when approaching/ during puberty. Know some key facts about the menstruation. 	
<ul style="list-style-type: none"> Identify the importance of keeping clean and how to maintain personal hygiene whilst growing and changing. 	
<ul style="list-style-type: none"> Reflect on the responsibilities of being a parent or carer and how having a baby changes someone's life. 	
<ul style="list-style-type: none"> Identify and value personal strengths, skills, achievements and interests. 	
Privacy, Boundaries, and Consent	
<ul style="list-style-type: none"> Understand what consent means and how to seek and give/ not give permission in different situations. 	
<ul style="list-style-type: none"> Analyse when behaviour including physical touch is acceptable, unacceptable, wanted, or unwanted in different situations. 	
<ul style="list-style-type: none"> Respond appropriately if someone asks you to keep a secret that makes you feel uncomfortable, identify who to ask for help. 	

UKS2	
Puberty Sperm Eggs Voice breaking Fallopian tubes Develop Adolescent Emotional changes Physical changes Self-conscious Embarrassed Healthy relationships Love Air brushing Filters Selfie Moods Wet dreams Semen Erection Spots Facial hair Underarm hair Sexual feelings Sexual orientation Intercourse conceive	YR6 SPECIFIC Conception Fertilisation Pregnancy Sexual intercourse Twins Love Intimacy Communication Personal/private Information Internet safety Nipple

Please be prepared that your child make ask questions at home or may come up with some questions that we are unable to answer.